



Dexter Wrestling Parent Pledge Form



Please read, initial each item, sign and return to the coach

1. **I pledge to get my child to school, practice and meets, and pick them up on time.**
I understand that it can be embarrassing and even dangerous for my child to be late or without a ride home, and that I may be putting him at risk by not providing adequate transportation. This shows respect for my child, his coach, and it demonstrates to my child that he is my top priority.
Initials: _____ Initials: _____
2. **I pledge to use positive encouragement to build my child's self-confidence.** Student-athletes do their best when their self-confidence is high. I understand that children are born with different abilities and that the true measure is not how my child compares to others, but how he is doing in the comparison to his best self. I understand that less than 1% of youth sports participants receive college scholarships. I also understand that the game is for the players and I will keep sports in the proper perspective.
Initials: _____ Initials: _____
3. **I pledge to respect the sport.** I understand the importance of setting a good example for my child. No matter what others may do, I will show respect for all involved including coaches, players, opposing coaches, opposing players, opposing fans & officials. I understand officials make mistakes. If the official makes a bad call against our team I will respect the sport, remain silent and let the coaches handle it.
Initials: _____ Initials: _____
4. **I pledge to contribute to a positive team culture.** I will not be the parent in the stands, or behind the scenes who puts-down the kids or the team. I understand this creates a negative atmosphere and can damage a team's culture. If I have any problems I pledge to either bring them to the coach with a solution-oriented mindset, or choose to remain silent. In either case, I will only contribute in a positive way to my child's team culture.
Initials: _____ Initials: _____
5. **I pledge to not interfere and let the coaches do their job.** I will also refrain from making negative comments about my child's team, coaches, or program, especially in my child's presence. I understand this type of behavior plants a negative seed in my child's head that can negatively influence my child's motivation and overall experience. In addition, I pledge to follow the 24-hour rule before communicating frustration, disagreement or anger with my child's coaches.
Initials: _____ Initials: _____
6. **I pledge to keep my child on the team the entire season.** We believe quitting is not an option now or any time in life. If the season is not going well, I will let my child know that they do not have to participate the following year. However, it is essential to finish the season once it has begun.
Initials: _____ Initials: _____

I will honor the Dexter Wrestling Parent Pledge in my words and in my actions

Parent's Signature(s): _____

Date: _____

Print Child's Name: _____

Grade: _____